

Poison Proof Your Home

Spring Lake Park-Blaine-Mounds View Fire Department

An incident of poisoning in the home is a predictable and preventable occurrence. In 2008 there were 54,000 poison exposures in Minnesota and 85% originated in the home. It is the second leading cause of unintentional death due to injury in the U.S. March is Poison Prevention Month. Take time now to do checks and changes in your home.

Minnesota Poison Control's Home Safety Check List

Kitchen

- Remove household products from under the sinks, such as cleaning products, dishwashing compounds and drain cleaners.
- No medicines on counters or in open areas.
- All household products and medications out of reach and out of sight.
- Child safety latches on all drawers or cabinets containing harmful products or sharp objects.
- No toxic products stored with food or in food containers.

Bathroom

- All medications, cosmetics, hair care products, toothpaste, mouthwash and cleaners out of reach.
- Medicine storage area cleaned out regularly, old medicines flushed down the toilet.
- All medications in original, child-resistant containers.

Bedroom

- No medicines in or on dresser or bedside table.
- All cologne, aftershave, cosmetics, and powders out of reach.

Laundry Area

- All bleaches, soaps, detergents, fabric softeners, bluing agents and sprays out of reach.
- All products in their original container.

Garage/Basement

- Insect sprays and lawn care products in locked area.
- Gasoline and car care products in secured area or locked trunk.

- Paint, paint cleaners and other home care products in locked area.
- All products in their original containers.

General Household

- Storage area for medication and other products is a locked cabinet located up high.
- Plants identified and out of reach.
- Alcoholic beverages out of reach.
- Ashtrays empty and out of reach.
- Paint in good condition - no chipping or peeling.
- No mouse baits in areas where children play.

In Case of a Poisoning

Have the Poison Help phone number available for use 1-800-222-1222